



**JULY 2021**

**Area 1 District 14 Newsletter**

**7TH STEP**

**HUMBLY ASKED HIM TO REMOVE OUR SHORTCOMINGS.**

This step of AA's Twelve Step program of recovery is about reducing character defects by embracing humility and spirituality. Working through the 7th step requires a constant commitment to being honest, brave, and humble.

**7TH TRADITION**

**EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS.**

**7TH CONCEPT**

**"THE CHARTER AND BYLAWS OF THE GENERAL SERVICE BOARD ARE LEGAL INSTRUMENTS, EMPOWERING THE TRUSTEES TO MANAGE AND CONDUCT WORLD SERVICE AFFAIRS. THE CONFERENCE CHARTER IS NOT A LEGAL DOCUMENT; IT RELIES UPON TRADITION AND THE A.A. PURSE FOR FINAL EFFECTIVENESS."**

**HUMILITY**

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*JULY 2021*

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*7th Step Prayer*

"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen."

**JULY 4TH 1PM**  
**COOKOUT**  
 ALANO CLUB 52 BEAL  
 HAMBURGERS AND HOT DOGS PROVIDED  
 BRING A SIDE OR DESSERT TO SHARE

The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

**DISCLAIMER:**

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

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**FROM THE DESK OF LINDA W. AND JERRI S.**

We appreciate everybody help with our eat and speak meeting at Liza Jackson Park June 26, 2021. There was about 50 people there, we enjoyed our speakers and good food. If you missed it, we hope you all will join us in September 25, 2021, we will give you more details once it gets closer. We still need help with the phones at central office, give us a call and we will give you the details of shifts open and you do need 1 year of sobriety. We also need people to help around the central office with a trusted servant there with less than 1 year of service. We appreciate all the intergroup rep from their groups and our officers, committee chairs and the trusted servants who answer our intergroup phones. Thank for allowing us to of serve it is a honor and if you have any questions just give central office a call at 850-844-2421.

We are still offering some service work at central office for members who have 1 day up to 1 year at central office, please call central office to get more information.

We appreciate the help that all our trusted servants who stepped up that are committee chairs and officers for Intergroup. Just remember whatever service you do for Intergroup will help your recovery.

Thanks for allowing us to serve you.

Jerry S. (Chair Intergroup) - 850-244-1182  
Linda W. (Co-Chair Intergroup)- 850-582-7704

**TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..  
EMAIL : DISTRICT14ODAAAT@GMAIL.COM**

## Step 7 - Humility

When working on the 7th step, the idea of humility comes down to having a realistic perspective of oneself.

Humility is being honest about one's life and place in the world. This is the art of being "right-sized."

When a person apologetically asks their Higher Power to remove their shortcomings, they recognize that they are neither too great or too small. Ego, self-entitlement, shame, and regrets are all gone.

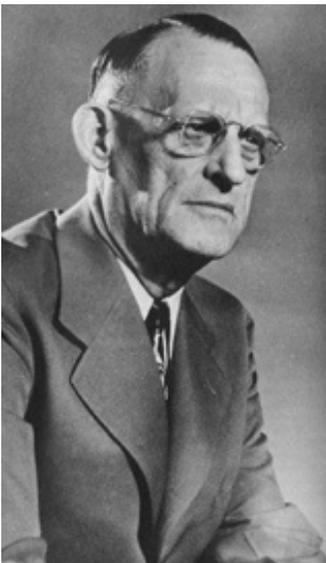
By admitting one's powerlessness over alcohol, one has already begun embracing humility. During this step, recovering alcoholics often realize that humility is not a state of despair, but rather a state of serenity and acceptance of life, despite whatever comes to pass. It is a continuing opportunity for a person to welcome humility as a central element of remaining sober.

Humility is not thinking less of yourself, it's thinking of yourself less.

-C. S. Lewis

Taking Step Seven was for many of us the greatest act of authentic humility we have ever been asked to commit: to transfer control of our recovery to God.

According to the Twelve and Twelve, humility is a clear recognition of who we are followed by a sincere attempt to become what we could be. That is, humility is seeing ourselves as we actually are, good and bad, strong and weak, and acting authentically on those truths. This is not a naïve attitude suggesting we have in some way already "arrived." It is a sincere attempt to state the positive truth that when we face the truth of our shortcomings and the fact that we are powerless to change and begin to let God take our defects away, we have entered the pathway of humility. For the reality is, only God can take away our deeply entrenched addictions, and our lifelong character defects. It is on this pathway, where we humbly ask God to remove all these defects of character, that the tools of recovery bring the healing, happiness, and security we have dreamed of. But once more it is only powerlessness and pain that can force us to take the 7th Step into humility.



On his desk, Dr. Bob had a plaque defining humility:

*"Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace, as in a sea of calmness, when all around and about is seeming trouble."*

# Laughing Out Loud

Why do children of recovering alcoholics have such big family reunions?  
They have twelve-step-parents.

Redbull and vodka: so you can be wide awake for your mistakes.

I'm a recovering people pleaser. Is that ok?



***"Half measures will avail you nothing.  
Thoroughly have we seen those fail who rarely follow the path."***

*Heard in a meeting...*



**Recovery Math: Help 1. Save 2.**

***"Forever grateful that I didn't get what I deserved."***

**"I LISTEN TO WHAT THE OLDTIMERS SAY, NOT BECAUSE THEY ARE ALWAYS RIGHT BUT BECAUSE THEY HAVE MORE EXPERIENCES IN BEING WRONG."**

**"YOU ARE NOT THE DARKNESS YOU ENDURED. YOU ARE THE LIGHT THAT REFUSED TO SURRENDER."**

***"Don't ask God to guide your footsteps if you are not willing to move your feet."***



## **FROM THE EDITOR**

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to :  
[district14odaat@gmail.com](mailto:district14odaat@gmail.com)  
by the 15th of each month.

In Love and Service,  
Terry S.  
(386)262-6810  
[district14odaat@gmail.com](mailto:district14odaat@gmail.com)



# Wisdom

FROM A LONGTIMER  
MIKE C.



**What is your sobriety date?**  
February 25th, 1992

**What is your homegroup? When/where does it meet?**  
Young At Heart - Tuesdays @ 7pm, 1st Presbyterian Church-Fort Walton Beach

**Do you currently hold any service positions?**  
Volunteer @ Central Office (25 years), Past Treatment and Corrections Chair, Past Intergroup Chair, Past Alano Club Board Member.

**Did you ever relapse? What happened? What has changed?**  
Took 5 years to get 1 year. Since then, no.

**What is the most important lesson you have learned in sobriety?**  
This too shall pass

**What is your favorite line /phrase from the Big Book?**  
"Common sense would thus become uncommon sense." pg 13-4th Edition and "Prospector Analogy" pg. 128-129

**What is the best piece of advice you received from a "long-timer?"**  
"I drink - We sober"

**What is the best thing you've ever heard in a meeting?**

**What step was the hardest for you? Why?**  
Steps 6&7 - "deeply ingrained behaviors we never even knew existed & "violent emotional twists that have altered our lives for the worse."

**What tradition means the most to you?**  
3rd Tradition, because it allows me to be a member.

**What would your sponsor say about you?**  
He is rather close lipped, but I am sure he loves me.

**What advice would you give to a newcomer?**  
Find the strength of a personal Higher Power that can solve all your problems.

## Sobriety Birthdays

### Deckhands

Jarad B. 7/19/20 1 YEAR  
Kristen D. 7/18/16 5 YEARS  
Jim D. 7/31/15 6 YEARS  
Kevin W. 7/08/02 19 YEARS

### Rise and Shine Group

Peggy B. 7/7/16  
Billy E. 7/6/20  
Jasmine H. 7/8/19  
Leon H 7/12/13

### Young At Heart

Kierstyn O. 7/27/18

# Miracles and Gifts of Sobriety. Jerri S.

Right after graduation from nursing school my alcohol career began. Prior to the alcohol I had abused other drugs but when alcohol came into my life it was like I had finally found the elixir of the Gods. The alcohol actually eased physical pain that I had been experiencing for several years as a result of a major surgery. Alcohol also eased my mental and spiritual pain. Alcohol was my best friend and savior. It did not take long before the problems began. Deep down in my soul I felt things were not right, and booze was causing more pain than pleasure. Alcohol had become my worst enemy bringing along with it all the demons that alcoholism brings.

Thanks to a judge that was tired of seeing me in his courtroom from drunk and something else. Drunk and fighting, drunk and driving, drunk and etcetera. I was ordered to attend AA meetings which I thought was cruel and unusual punishment. My AA journey began April 19th, 1971 in Ohio when I slunk into my first AA meeting. Much of the meeting was hazy due to all the pills I fortified myself with. People hugged each other, they said keep coming back, and this was something I had not heard in a long time. It was more like, get out and don't come back we don't want your kind here. Then they prayed and held each other's hands. I sure was not going to pray and certainly did not want to hold hands with strangers. Needless to say, my life was a mess. I only came to AA to find a way to drink and not get into trouble. It would be thirteen more miserable years of suffering, jails and mental hospitals before I was tired of all this fun that was killing me. During those 13 years, I sporadically would attend AA meetings. I heard words like honesty, and I knew nothing of being honest. All I knew about was lying, cheating, and stealing. Judging others and taking their inventories was really easy. Reading the Big Book and those steps were good for those other people, but I was not as bad as them and I did not need them. Thank you, but no thanks. A sponsor was out of the question. I knew what those women in the meetings were there for. The only thing that I did for those years was, I kept sporadically back to meetings. I somehow could put together, some sober (white-knuckle) time and pick up a chip. I picked up my first 1-year chip in 1976, my second 1-year chip in 1980 and my final 1-year (real) sobriety chip in 1985. I was a slow learner.

Sometime in the early part of February 1984, after being sick and tired of being sick and tired, I surrendered to a God I didn't believe in with a simple prayer: "if you are up there and can hear me, could you please help me?" A few days later, I took my final drink of alcohol. That was February 7th, 1984. Since that day, it has not been necessary to take another drink of alcohol nor anything else to ease my physical, mental, or spiritual pain. I am not the same person I was. My attitude and outlook on life have changed completely. Today, I am able to believe in a Creator who has created us all. This in itself is a great miracle coming from a self-proclaimed atheist or at least an agnostic when I got to this miracle making program. I feel happy joyous and free today. It is all due to the Creator and AA and to my daily reprieve from alcohol.

Now dependence is on the 12 steps, 12 traditions, and 12 concepts for my recovery. I can honestly say that I am grateful to be a recovering alcoholic and part of a fellowship that is not a place of judgement, but of place of acceptance and love. I became active in service work in my district, began attending the area assemblies in July 1985, and currently have the privilege as serving as Intergroup Chair. I have been given the gift of sponsorship. Such a joy. I have gone from looking in the mirror and seeing and hearing the "committee" looking back at me and talking about the hell that was going to happen. Gradually, I found a God of my understanding whom I call Creator. Thanks to The Creator for The AA program and the peace of mind today. I place The Creator first instead of myself, and being of service to others. These are the miracles and gifts of Alcoholics Anonymous. It doesn't matter when or how we got here or anything else, we are all miracles. We have been given a gift. A gift not to be taken lightly. A gift that must be passed on. I am now 37 years happy, joyous, and free. Thank to AA, The Creator and service work.



## INTERGROUP COMMITTEE MEETING - JUNE 2021

***Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9.***

**ATTENDANCE:** Sue S. Rindy O. James S. Todd A. Terry S. Paul B. Todd A. Michelle Jerry S. Linda W. Scott C. Diana C. Jaime L. Johnny C. Don H. Patrick McD. Linda L. Josh W. Scott K. Pamela A. Nate W. Veronica F. Greg S.

### COMMITTEE REPORTS

Diana C. gave Secretary's Report – Read and accepted. Linda W. gave Treasurer's Report – Read and accepted. Report attached. Jerry S. gave Book Fund Report – Read and accepted. Jerry S. gave Chairperson's Report – Phone was replaced at a cost of \$130. Still waiting to hear back from H&R block. Shifts still open at Central Office. Linda W. Co-Chair's Report – Still need trusted servants. Patrick McD. DCM Report – No report. Terry S. gave AA Hotline Report – About the same number of calls, not much change. Terry S. gave ODAT Report – ODAT is going well. Provided \$38 invoice for color copies. Rindy O. gave Webservant – Website is updated. As of today, we are in the AA meeting APP. Don H. gave IG Breakfast Chair – 30 in attendance and \$54 collected at June delegate meeting. District paid the \$20 rental of the room fee. July 4th breakfast meeting cancelled because AMVETS closed. Straight Up Group will host in August. Brenda L. is the speaker. Don H. Eat & Speak – Everything in place for June 26th. Joan P. Alanon speaker. Steve P. AA speaker. 5pm at Liza Jackson Park pavilion.

### OLD BUSINESS

Jerry S. – Motion to pay for \$400 cost of new sign. Voted yes. NEW BUSINESS Our copier is not broken however, if it breaks it was decided we will use the copier in the back. Motion to approach Book Fund for sign donation. Voted yes. Motion to merge District & Intergroup website into one website, the one website being [fortwaltonbeach.org](http://fortwaltonbeach.org), and paying for only one website, with both chairs remaining. Voted yes.

### GROUP REPORTS

Navarre Fellowship 12pm 7 days a week at St. Augustine's Church. Scott K. – No Report. Sparkle Meeting Sunday 6:30pm Beachside Church, FWB. Linda L. – Now holding hands for the Lord's Prayer and trying to bring zoom members back to in-person. Weekender's 5:30pm, Sunday at Wellness Center, FWB. Nate – Dave, Linda & Sandy celebrating last Sunday of the month. Turning Point Tuesday, Thursday & Saturday at the Triangle House in Crestview. Josh – No report. Mossyhead Community Group 7pm Wednesday & 6pm Sunday. Johnny C. - Celebration the last Sunday of month. Fellowship 5pm. Eating Lasagna, chocolate cake with white icing, and brownies at 5:30pm. Speaker, Johnny C. at 6pm. Straight Up Group 12pm, M W F at Alano Club. Don H. - Straight Up Group hosting August breakfast meeting. Unwind Your Mind 7pm Wednesday at Alano Club, meditation, step 11, candlelight meeting. No report. Primary Purpose 7pm Thursday & Saturday at Journey Pure, FWB, hybrid. Rindy O. - No change, all is well. Shoulder to Shoulder Scott C. meeting moving from MWF to T TH, Clement Taylor Park in Destin at 6:30am. Busters for Sobriety 8am 7 days a week at Callahan's in Destin. Michelle M. - No change, all is well. Early Risers 7am 6 days a week (no Sunday meeting) at St. Augustine's Church. No report. Hurlburt Field Meeting 12pm M W F on Hurlburt, hybrid. No report. Stools & Bottles 5pm Sunday at St. Augustine's Church. No report. Miracle Group 8pm Tuesday at St. Mary's Church. Speaker on 1st Tuesday of month. No report. The Big Book Comes to Life Sunday at 10am at Our Lady of Victory Catholic Church in Crestview, 550 Adams Drive. POC Robin A. 812-431-1228 10-12 people in attendance. Meeting started October 2020.

Next meeting is Monday, July 19, 2021.

**Meeting adjourned at 7:22pm.**

# Service Fair & Picnic

## District 14

**Saturday, Aug 21, 2021**

**Noon - 4 PM**

*Clement Taylor Park  
131 Calhoun Ave  
Destin, FL*

Noon—Service Fair & Games

1:00—Picnic: Meat & Beverages provided. Please bring a side dish.

2:00—Speaker: Scott W. Las Vegas

3:00—More Service Fair, Games & Clean up

4:00—End



Bring a lawn/beach chair if you'd like.  
Swimming is allowed, but the park does not allow inflatables.  
Sorry, but the park does not allow pets.

*Families  
Welcome!*

*Is your group represented?*

*Get involved and become "part of."!*

### **Next Intergroup Meeting:**

July 19th 6:30 PM

*Central Office*

and on Zoom

[www.zoom.us](http://www.zoom.us)

ID: 854 8645 8921

Password: service

### **Next GSR Meeting:**

July 5th 6:30 PM

*Central Office*

and on Zoom

[www.zoom.us](http://www.zoom.us)

ID: 8217 546 8660

Password: district

# AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

*Date: June 21, 2021*

**District 14 GSR Officers Present**

**DCM:** Patrick McD **Alt. DCM:** Dawn O **Treasurer:** Sarah O **Secretary:** Brad A

**SERVICE COMMITTEE CHAIRS PRESENT**

**Corrections:** Adrian B **Treatment:** Jasmine V **Web:** Scott C **Intergroup:** Jerri S **Grapevine:** Vacant **PI/CPC:** Paul B

**Archives:** Suzie B **Literature:** Vacant

## MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. 24 attendees. 19 in person. 5 on Zoom.

## DISTRICT 14 OFFICERS REPORT

**New GSR's:** Liza S- Women's Spiritual Axiom Ron M- Beautiful Downtown Baker

Mike L- Young at Heart

**New Alt. GSR's:** Lily Women's Spiritual Axiom

**New Service Positions:** None

**Secretary:** Brad A read the minutes. The Secretary's report was accepted.

**Treasurer:** Sarah O delivered Treasurer's report. The Treasurer's report was accepted.

**DCM:** Patrick McD reports attending IG Breakfast- the Delegates Report was delivered. He has attended several local meetings and groups presenting anniversary envelopes for contributions to GSO in relation to sobriety anniversary. He continues to encourage group service and for their GSR's to get involved. Patrick discovered it is ok to accept donations at the upcoming service fair. Following discussion, it was determined District would not seek donations but rather fund the event with District funds. The DCM report was accepted.

**Alt. DCM:** Dawn O. Attended the Intergroup Breakfast at the AM-Vet Center in Valparaiso, on June 5.

*Ruth C, the Panel 71 Delegate for Area 1 presented a report on the 71st General Service Conference of Alcoholics Anonymous that she attended in April. There were 93 Delegates, and 135 voting members present. For those of you who participated in the input to the Delegate, this is the result of all our recommendations.*

Highlights include: Finance: Income down by \$4 million, and prudent reserve down to 7 months due to impact of the pandemic. Literature sales were also down. GSO is grateful to all those who so generously contributed during these difficult times. We must try to rebuild the prudent reserve and continue to strive to be fully self-supporting.

Advisory Actions:

Change in the Preamble – to “we are a fellowship of people”.

Agenda Committee – Theme: “AA Comes of Age 2.0, Unified in Love and Service.”

Corrections – Change language from “offender” to “person in custody”

CPC – Develop a pamphlet for the professionals in Counseling and in Treatment Centers

Retitle pamphlet to Clergy to Faith Leaders

Grapevine – Develop an Instagram presence in response to requests for such.

Literature – Recommends development of Video formats for literature.

- There will be a 5th edition Big Book – probably many years away

- 12 & 12 Long form of the tradition added to the end of each essay.

Policy and Admissions – Working on On-line group representation, possibly a virtual district.

PI – 2 New PSA's now available,

Report and Charter – New Service Manual should be available soon.

- Stop printing the Directories

Many changes to pamphlets to improve language and better communicate our message.

## SERVICE COMMITTEE REPORTS

**ARCHIVES:** Suzie B (Chairperson) reports work continues on the “Group History Display” for when the group hosts the IG breakfast and 1/4ly Eat & Speak and inventory. Thank you to Jerri S for her help with making the poster for the Delegates Report. The Archives report was accepted.

**CORRECTIONS:** Adrian B (Chairperson) No Report.

**GRAPEVINE:** (Chairperson) Need Chairperson. Jerri S reports GV seeking new publisher with qualifying requirements. GV is providing free online access until June 10th for AA anniversary. The address is AAGRAPEVINE.ORG

# AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

LITERATURE: Need Chairperson. No Report.

PI/CPC: Paul B (Chairperson) No Report.

**TREATMENT:** Jasmine V (Chairperson) reports: The Treatment Committee meets the second Saturday of every month, 10:30am at central office and on a zoom meeting online concurrently. Requests group conscience about group representation. June 12th is next meeting.

**WEB:** Scott C (Chairperson) 3 inquiries last month all looking for meeting list.

**INTERGROUP:** Jerri S (Chairperson), Co-chairperson- Linda W, Secretary- Diane C., James S- Treasurer, Breakfast Chairperson- Dan S., 1/4ly Eat & Speak, IG Breakfast Chairperson- Don H, Book Fund Chairperson- Paul B, Web- Open. Terry S- ODAT editor & CO Hotline. Jerri S gives thanks to all who have stepped up to help cover open shifts at CO. Coverage is still needed for Saturday 4-8, 12-4 and Sunday 8-12. Welcome to Dwight, Mathew, and Sandra. She stated the IG breakfast is going well and gives thanks to Don H. and Josh W. Our Area delegate delivered a good report. Plans are being made for an Eat and Speak June 26th at Liza Jackson Park, Pavilion B. 5-9 pm. Event is hosted by Turning Point. Flyers are available. She, Don, and Josh have done an inventory for supplies needed. The Alano Club held a BBQ after the moon Straight Up Group meeting. It was well attended with really good food. CO replaced their broken phone with a new one.

## OLD BUSINESS

Krista H reports Google Sheets turned in to GSO for the app. Asks that members check their meeting info! If changes are needed inform Intergroup.

## NEW BUSINESS

Sara O motioned for a one time increase of \$26 for the PO Box. Approved. / Dawn O motioned for \$500 allocated from District funds for food and supplies for the District 14 Picnic and Service Fair. Scott Cole seconded. Approved. / Scott C motioned to combine the Intergroup and District 14 web committee chairpersons. Scott will coordinate. Louise seconded. Approved.

## GSR REPORTS

**Beautiful Downtown Baker:** Ron M. (GSR) Gary W. (Alt. GSR) Meets at Masonic Lodge 5822 Hwy. 189 N. Saturday 7pm. BB-OD. Attendance: 22. Fellowship following meeting at Gator's restaurant. Birthdays: Amy 6 yrs., Brian 6 yrs., Steve 4 yrs., Judy W 33 yrs.

**Busters for Sobriety:** Jim D reports Meetings daily at 8am. OD. Callahan's Restaurant, 791 Harbor Blvd., Destin. Attendance: 15-25 weekdays. 50+ Sat & Sunday. Masks encouraged but not required. No Report.

**Deckhands:** Louise B (GSR) Meets 8-9am OD. 365 days. 200 Campbell Dr. (Niceville Skatepark) Attendance: 20. Hosting Zoom meeting (info on Intergroup website) and live meetings 8-9am 7 days a week behind establishment. Meeting outside weather permitting.

**Early Risers:** Greg B (GSR) Meets at St. Augustine's Episcopal Church Hwy 98, Navarre. Mon-Sat at 7:00 am, Wednesday at 5:30 pm and Sunday at 6:30. M(GV)/W(BB)/F (12&12) are Literature meetings and Tues/Thurs/Saturday is Open Discussion. Zoom meeting info: Meeting ID 394585057. Passcode 991133. Attendance: 12. 5 birthdays- 34 years. Birthdays: Reggie 12. Kevin F. 7. Max T. 6. Tiger 2. Brandon N 2.

**Faith:** Jerome F. (GSR) Casey H. (Alt. GSR) Jeff M. (Treasurer) Jerome reports: Meets Sundays, Wednesdays, and Fridays at 8pm at the FEW Serenity Triangle House, 704 E. Robinson Avenue in Crestview. OD. First Friday is Eat(7pm) and Speak(8pm). Wednesday night meeting is a step meeting with invited host from time to time. Attendance: 10-15. Birthdays are celebrated the last Friday of the month with cake and ice cream. Birthdays: Sheri B. 20yrs, Dick C. 3yrs, and Katie S. 3yrs

**Friday Night Lights:** Steve J. (GSR) Meets Friday 7-8 pm. at Christ the King Episcopal Church, 480 N. Co. Hwy 393, SRB. Closed meeting. Conference approved literature-based discussion. 25- 35 attendees. CCD guidelines are observed. If attending in room, please wear a mask. Social distancing being observed. Bring your own beverage. Birthdays: Kate G. 15 yrs.

**Men's Group:** Wes P (GSR) meets Thursday 7 pm. Meeting inside. Attendance: Mask optional. No Report.

**Miracle Group:** Jaime F (GSR) meets Tuesday at 8:00pm at St. Marv's Church 165 Coral Drive SW, FWB. Open Discussion from the BB. Speaker first Tuesday of every month. Birthdays celebrated last Tuesday of month. Meeting live and on Zoom meeting every Tuesday at 8pm. Attendance: 20. 2 on Zoom. Zoom Meeting ID 524833283. Birthdays: None.

Monday Night Big Book: 7pm. 90-minute meeting. Birthdays: No Report.

**Mossy Head Community Group:** Chris Rushing (GSR) (Alt. GSR.) Meets Wednesday at 7:00 and Sundays at 6pm. Mossy Head Community Center. Birthdays celebrated last Sunday of month. Business meeting/group conscious last Wednesday of the month. Wednesday and Sunday meeting in person. Masks suggested but not required. Last Sunday of the month 5pm fellowship, 5:29 eat dinner, cake, and 6 pm speaker. 50/50 raffle provided by fellowship. 8-12 attendance. nNo birthdays = No eat and speak. Birthdays: Jonnie C. 14 yrs.

**On Awakening:** Adrian B (GSR) Meets 8am daily. 7 days/week. OD. Camel Club, Santa Rosa Beach. Attendance: No Report.

**Primary Purpose:** Krista H (GSR) Patrick McD (Alt. GSR) Meets every Saturday night at 7:00pm at Journey Pure, 348 Miracle Strip Pkwy. It is a (2) 30-minute speaker meeting. Meeting ZOOM ONLY until March due to COVID-19 and weather. Attendance 30-40. Thursday meeting 7pm. Step meeting. Speaker for 15 minutes then open discussion. Step Meeting is closed. Attendance 15. Hybrid meeting.

**Primary Purpose Women's Group:** Closed meeting. Meets at John Horton Road. Tuesday 7pm Closed Discussion. Thursday 7pm Step Study/BB Study. Attendance Tuesday 8-10, Thursday 2- 4. Birthdays: No Report.

**Rule 62:** Spike L (GSR) Meets 7 days/week 6:30am. Birthdays: No Report.

**Second Chance:** Robby F (GSR) OD> Meets Friday 8pm. 12381 US Hwy 98, Miramar Beach, Live Chapel next to Haven House Thrift Store. 30-40 avg. attendance. Last Friday is speaker meeting. Birthdays: No Report.

**Serenity by the Sea:** Hannah B (GSR) Shantelle Hz (Alt. GSR) meets at St. Andrews Church, 307 Harbor Blvd. Destin on Wednesday at 6:30pm. BB/OD. Read one chapter at a time and discuss. Fellowship following at Callahan's Restaurant. Attendance: 12-15. Birthdays:

**Serenity Group:** Dilene S. (GSR) Meets every Friday night at 8:00 pm at Trinity United Methodist church in Ft Walton Beach. Attendance avg. The birthday meetings are the last Friday of the month and they always have homemade cake.

# AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

## GSR REPORTS-continued.

**Shoulder to Shoulder:** Diana C. (GSR) reports meeting MWF 6:30 -7:30 AM at Clement Taylor Park (outside).

**Sparkle Group:** Veronica F. (GSR) (Alt. GSR) Meets Sunday 6:30 pm at Beachside Church, Racetrack Road. Average attendance: 20. Plenty of space. No mask required. Hybrid meeting.

**Spiritual Axiom Women's:** (GSR) Liza S (Alt GSR) Lily H meets in person Monday 6-7 pm at the Camel Club in Santa Rosa Beach. Women's discussion meeting. Average attendance: 12. New Treasurer: Kath L. Birthdays: Cathy N. 12 yrs.

**Straight Up Group:** Dan Wr (GSR) Jeri S (Alt GSR) Don H (IG) Rusty D. (Treasurer). meets at Alano Clubhouse, 52 Beal Pkwy., FWB. Monday, Wednesday, Friday, 12pm. OD from BB. Attendance 20-25. Will be participating in the Service Fair August 21st. Have a new Treatment committee chair.

**There Is a Solution:** April G (GSR) meets M/W 5:30 pm. 200 Campbell Drive (Skate Park), Niceville. OD. Birthdays celebrated last Monday of the month.

**Third Tradition:** Eric V (GSR) Meets at Shalimar United Methodist Church, 2 Meigs Drive, Shalimar FL. outdoors Monday and Wednesday at 8pm. Monday 12n12 study, Wednesday Big Book study. 25 attendees. Meeting inside now. New location on same property. Corner of Meigs and 3rd St. with parking located behind the back of the building. Follow sign to meeting room location.

**Traditional Group:** Paul (GSR) meets M\_F 7pm at Presbyterian Church, 1063 Circle Drive, Defuniak Springs. OD. BB. Birthdays: No Report

**Turning Point:** Tod W. (GSR) Zach (alt. GSR) meets at the Tringle House 704 Robinson, Crestview, 8pm. Tuesday-BB, Thursday-12X12, and Saturday-OD. Meetings are both in-person and on Zoom Attendance: 10-15. Saturday attendance 20s. Second Saturday of the month is Eat and Speak meeting. This month BBQ themed food 7pm. Speaker (Straight Up) 8pm. Birthdays: 2. Zach 1.

**Unity:** CJ (GSR) Meets every Tuesday and Thursday at 12pm and Sunday night at 8:00pm at the Alano Club 52 Beal Pkwy. FWB. OD. Avg. att. 6-7 members. Birthdays: none. No Report.

**Unwind Your Mind:** Paul B (GSR) 52 Beal Pkwy. Wednesday 7pm. Open meeting/meditation. Candlelight. Step 11. 10-minute meditation

**Weekenders:** Jamie L (GSR), Linda W (Alt GSR) meeting inside Sundays at 5:30 pm at

333 E. Lewis St in Ft. Walton. Attendance: 4. Birthdays: None. Speaker meeting the third Sunday of the month at 5:30.

**Young at Heart:** Mike L (GSR) Diana (Alt. GSR). Meets at corner of Beal Pkwy. & 1st St. First Presbyterian Church, Tues 7pm. Open Meeting. OD. Traditions/BB. Last Tuesday is birthday night. Birthdays: None. Danny O. 3 yrs.

### CLOSING

Meeting closed with the Lord's Prayer.

Next meeting July 05, 2021.

*Experience  
Strength  
& Hope*

  
**Speakers**  
*What it was like, what happened, and what it is like now.*

### Rise and Shine Speaker Meeting

July 3rd Darrie E.  
August 7th Jim C.  
8am Alano Club

### Weekenders

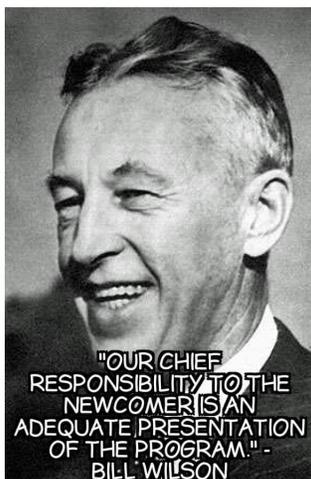
July 18th Joe S/Third Tradition Group  
5:30pm

### Primary Purpose-Saturdays 7pm

**July 3rd** Katie S./Sparkle Group & Spencer H/Miracle  
**July 10th** Joy A/Deckhands & Shadow D/Spiritual Axiom  
**July 17th** Chip O./Busters & Hannah B. /Serenity By The Sea  
**July 24th** John K./Busters & Mark K/Busters  
**July 31st** Susan M/Busters & Jeff Z/Busters

Sober  
Person  
Offering  
Newcomers  
Steps  
Of  
Recovery

The primary purpose of a sponsor is to take the newcomer through the Steps. The Steps put us in, and keep us in a relationship with God. The newcomer's relationship, like all human relationships, is temporary. The relationship with God is permanent. "Remind the prospect that his recovery is not dependent upon people. It is dependent upon his relationship with God."



They say you need newcomers to tell you where you came from, old-timers to tell you where you could go, and a sponsor to tell you where you are at.

# Events



## PROGRAM & ACTIVITIES

- Family Workshops ■ Young People Meeting ■ Golf Tournament
- ASL Interpreting ■ LGBTQ Meetings ■ 5k Run/Walk
- Ice Cream Socials ■ Dances and Entertainment ■ Marathon Meetings
- Spanish Speaking Meetings ■ Grapevine ■ Archives Room
- Old Timers Meeting ■ Meditation Meetings ■ AI-Anon
- Convention Merchandise ■ Photo ops with our CoFounders Bill & Dr. Bob ■ Yoga



### Guest Speakers:

- Steve V. - Jacksonville, FL
- Heather G. - Louisville, KY
- Polly P. - Jacksonville, FL
- June G. - Los Angeles, CA
- Robyn G. (AFG) - Winston-Salem, NC
- Ron B. - Riverview, FL
- Charlie C. - Los Angeles, CA
- Ken D. - Los Angeles, CA

### Host Hotel Information

**Hyatt Regency Jacksonville Riverside**  
 225 East Coastline Dr. ■ Jacksonville, Florida 32202  
 (904) 588-1234 ■ 1-800-492-8804  
<https://www.hyatt.com/en-US/group-booking/JAXRJ/G-AAFL>

**Rates:**  
 Standard King/Double \$134.00  
 Suites \$149.00 to \$259.00  
 Discount Rate Code: G-AAFL  
 Rates will be honored 3 days before and 3 days after the convention dates, based on availability.  
 All rooms are subject to state and local taxes.

**This Hotel is Non-smoking**  
 Designated smoking areas will be provided.

Advance Deposit of first night's room and tax are due at time of reservation.  
 Check-in 3 P.M. — Check-out 12 P.M.  
 Parking Rates: \$12/day Self Parking  
 \$17/day Valet Parking



## 50<sup>TH</sup> "GULF COAST ROUNDUP"

February 11, 12, and 13, 2022



50<sup>th</sup> Golden Anniversary

On the Gulf Coast of Okaloosa Island at **"The Island"** ([reservations@mainsailhotels.com](mailto:reservations@mainsailhotels.com))  
 1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-243-9161 or 1-800-874-8962  
**Hotel reservations must be made by Jan 10<sup>th</sup> to ensure these rates, and please state Gulf Coast Roundup.**  
 Standard \$95/night (2 dbl bds) Poolside \$125/night (2 Queens) Gulf Front \$135/night (2 Queens) (\*Yes...it's only \$135...!!)  
 0700-0800 Saturday and Sunday Morning Yoga Sessions with Mollie Densley of Lunar Serenity Yoga and Art

Web: [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) Send questions to [ChipBowdren54@gmail.com](mailto:ChipBowdren54@gmail.com) or Text them to 850-865-1660

- Scheduled speakers:
- 4:30 Fri: Terry R. (AA) Lafayette, LA
  - 8:00 Fri: To Be Announced (AIAnon)
  - \*\*\*\*\*
  - 7am Sat: Yoga with Mollie Densley
  - 8:15 Sat: Combined Discussion Meeting
  - 10:00 Sat: April & Dylan S. (AA) Miami, FL
  - 2:00 Sat: Patrick & Linda G (AA) Lake Placid, FL
  - 4:00 Sat: Julie C. (AA) Tujunga, CA
  - 8:00 Sat: Hilda F. (AA) Tujunga, CA
  - 9:40 Sat: **Terry Stokes...the Amazing Hypnotist...!!**
  - 7am Sun: Yoga with Mollie Densley
  - 8:15 Sun: Combined Discussion Meeting
  - 9:30 Sun: Lillie H. (AA) Portland, ME

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6<sup>th</sup> Floor of the **"The Island Resort."** This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again...!!)

**VOICE: Terry S. from "Unwind Your Mind Group"**

**SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!**  
 Recordings of the entire conference and many individuals by Terry's Tapes and CD's

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.  
**PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check**

Register at [www.GulfCoastRoundup.com](http://www.GulfCoastRoundup.com) or use form below  
 Gulf Coast Roundup – February 11-13, 2022 – Registration

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name(s) on Badge(s) \_\_\_\_\_

Make checks payable to: Gulf Coast Roundup Mail to: [Angie Bowdren, 930 Gulf Shore Dr Unit 4, Destin, FL 32541](mailto:Angie.Bowdren@930GulfShoreDr.com)



@ Hilton-Sandestin Beach and Golf Resort \*  
 Sept. 3rd - Sept. 6th 2021

### Friday September 3

- 6:30 a.m. Beach Meeting
- 4:00 p.m. Open Registration
- 7:30 p.m. Raffle Drawing
- 8:00 p.m. Paula P. Champaign, IL

### Saturday September 4

- 6:30 a.m. Beach Meeting
- 10:00 a.m. Golf Scramble (paid participation)
- 11:00 a.m. Open AA Meeting
- 6:00 p.m. Linda S. Redondo Bch, CA. (AFG)
- 7:30 p.m. Raffle Drawing
- 8:00 p.m. Kurt Z. Manhattan Bch, CA. (AA)

### Sunday September 5

- 6:30 a.m. Beach Meeting
- 9:45 a.m. Workshop TBA
- 12:00 p.m. BrownBagger's Meeting (Carnel Club)
- 1:15 p.m. Speaker Appreciation Lunch (CC)
- 6:00 p.m. Lori G. Oklahoma City, OK (AFG)
- 7:20 p.m. Silent Auction Closes/ Golf Awards Presentation

- 7:30 p.m. Raffle Drawing
- 7:50 p.m. Sobriety Countdown
- 8:00 p.m. Paul G. Brecksville, OH. (AA)

### Monday September 6

- 6:30 a.m. Beach Meeting
- 10:00 a.m. Christina G. Brecksville, OH. (AA)

To register, visit [www.summerserenityatthebeach.com](http://www.summerserenityatthebeach.com) or mail registration form and payment to P.O. Box 6176, Miramar Beach, FL 32550. Make checks payable to SSATB.

Registration Fee: \$50 single / \$90 couple \$55 single / \$100 couple after 8/1.  
 Golf fee (\$60 per player)

Name: \_\_\_\_\_

Name: Additional Registrant: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Additional Email: \_\_\_\_\_

\*Special room rates begin @ \$229/night. Call (800)559-1805 and mention group code SSB or follow the link to <https://www.hilton.com/en/h/groups/personalized/D/DESHIH-FSSB-20210903/index.jhtml?WT.mc.id=POG>

**There will be no Intergroup Breakfast meeting on JULY 4th.**  
 Am Vets Post 78  
 910 Valastics Ave. Valparaiso FL. 32580  
**next breakfast: AUGUST 1st**

STRAIGHT UP GROUP hosts the  
 Intergroup Breakfast Speaker Meeting  
**Breakfast 9:30 to 11:00- \$6.00**

**SPEAKER Brenda L**